

## Kent Estuary Catholic Churches

Christ the King (M)  
15 Haverflatts Lane  
Milnthorpe LA7 7PS

Our Lady of Lourdes (A)  
Silverdale Rd  
Arnside LA5 0DX

St. Charles & St. Cuthbert (G)  
Kents Bank Rd  
Grange-o-Sands LA11 7EY

www.catholicparishofarnsideandmilnthorpe.org.uk  
Parish Priest - Fr. P. Smith, Tel: 015395 32731  
email:clergy@cathchurchgos.plus.com

7<sup>th</sup> Sunday:23<sup>rd</sup> FEBRUARY 2020

### SEVENTH SUNDAY OF THE YEAR, YEAR A

Sat	22 <sup>nd</sup> Feb	Arnside	5.30pm	Private Intention
Sun	23 <sup>rd</sup> Feb	Grange	9.00am	People of the parish
		Miln'rpe	10.30am	People of the parish
Mon	24 <sup>th</sup> Feb	Arnside	10.00am	For Betty
Tues	25 <sup>th</sup> Feb	Grange	10.00am	Special Intention (EL)

### LENT BEGINS: ASH WEDNESDAY

Wed	26 <sup>th</sup> Feb	Grange	10.00am	Private Intention
		Arnside	10.00am	Private Intention
		Miln'rpe	7.00pm	Private Intention
		Grange	7.00pm	Service of Ashes only
Thurs	27 <sup>th</sup> Feb	Arnside	10.00am	Peter & Mary Noble
Fri	28 <sup>th</sup> Feb	Miln'rpe	10am	Private Intention
Fri	28 <sup>th</sup> Feb	Grange	7.00pm	STATIONS
Fri	28 <sup>th</sup> Feb	Miln'rpe	7.00pm	STATIONS
Sat	29 <sup>th</sup> Feb	Miln'rpe	10am	Private Intention

### FIRST SUNDAY IN LENT, YEAR A

Sat	29 <sup>th</sup> Feb	Arnside	5.30pm	Private Intention
Sun	1 <sup>st</sup> Mar	Grange	9.00am	People of the parish
		Miln'rpe	10.30am	People of the parish

**Office of the Church:** takes place at Grange on Monday, Thursday and Friday 10am.

**Exposition,** at Grange after the Office 10.30am Friday, Arnside after the 10am mass Thursday, and Milnthorpe after the 10am mass Saturday.

**Confessions:** Grange 9.30-9.55 am Tuesday, Arnside 9.30-9.55am Thursday, and Milnthorpe 10.30-10.55am Saturday

Fr. Slattery may celebrate mass at other times

**ANNIVERSARIES FOR FEBRUARY :** Kathleen Devlin, Maud Godley, Bernard Sigrist, Frank Godfrey, Jean Devaney, Geoffrey Melling, Mary Noble, John Wainwright (Snr), Peter Lavin, Louis Duffy (Snr), Vincent Atkin, Mary Brandreth, Roona Somervell, James Martin, David Alban Duckett, Rosie Emily Duckett, Margaret Bellamy, Michael Croft, Paul King, Harry Hurst, Gladys Lever, John Ross, Phyllis Franks.

**Sick List:** Ann Savage, Maureen Goodman, Philip Barry, Chris Browne, Libby Stretton, Jenny Hodgkinson, Kathleen Lavin

### Finance

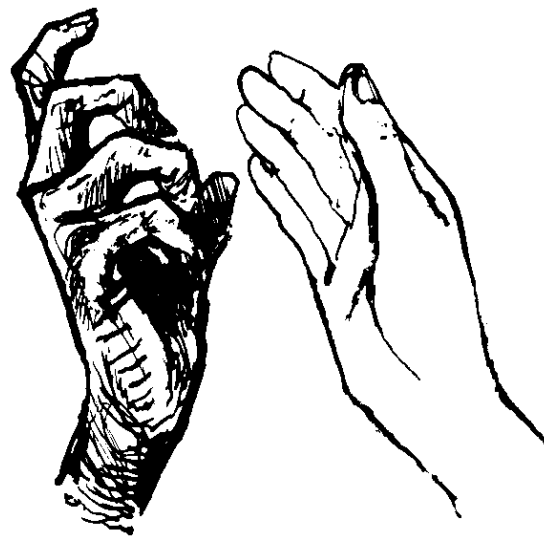
Weekly joint collection for 09/02/20 £386

16/02/20 £447

Thank you.

**Fasting and Abstinence:** On Ash Wednesday all those who are between 16 years and 65 years should abstain from meat and fast from any surplus food and drink and eat very plainly. In doing so we show our intention in Lent to get our lives back under control, rather than living subjected to our bodily wants. It is also an act of love and appreciation to a God who gave so much for us, and a sign of repentance for our wrongs.

People over 65 years and young children are excused the duty; but they should do what we can voluntarily and as a loving gift to God. Fr. Philip



**Lent Begins:** Lent is a time of making up for the negligence's of past times (St. Benedict). Let's really spring clean our lives this Lent, and add a spiritual sparkle to our daily life. Opportunities for devotion and charity in Lent:

- Weekday mass as advertised, and
- Stations of the Cross, Friday 7.00pm in Grange, and Friday 7.00pm Milnthorpe (alternate weeks starting Friday); Sunday 3.00pm alternately at Arnside.
- The parish penitential service at Grange (details to follow),
- The CAFOD Family Fast Day Friday 6<sup>th</sup> March.
- The 'Big Picture' scripture programme is an excellent spiritual work for Lent

There are many opportunities for prayer and study arranged by Christians Together (see lists and adverts in church porch) .

**Ash Wednesday,** is this Wednesday 26<sup>th</sup> February. Times of masses on Ash Wednesday and a service of Ashes is in the timetable. Mass with ashes will be celebrated at Grange (10am), Milnthorpe (7.00pm) and Arnside (10am). Ash Wednesday is a day of fasting and abstinence.



**The Big Picture begins; Let's Get**

**Reading!** Join Fr. Philip and Fr. Alf Parker and many others in our parish wide Bible reading course. Let us support each other. Each day we will all have the same reading, and be invited to write our personal diary as we listen to God speaking to us personally

- Get your Big Picture Course book. It becomes your intimate diary of God speaking to you.
- Get your Bible. Extra copies may be available at the back or church (donations appreciated)

Our parish wide Bible reading programme begins with starter meetings at:-

- St Charles & St Cuthbert Church, Grange today 23rd February at 11am
- Christ the King Church, Milnthorpe today 23rd February at 4pm
- At these meetings we will;
  - Describe how the course works and discuss weekly meeting times
  - Show the first DVD to launch the programme
- Our Lady of Lourdes Church, Arnside: starter meeting was on 17th February; next meeting Monday 2<sup>nd</sup> March 10am.



Remember: **God speaks to us personally in the Bible**

- '...The Study of the Bible must be a door opened to everyone...' (Pope Francis) '....
- The whole of Salvation history is the story of God looking for us: he offers us love and welcomes us with tenderness....' (Pope Francis)
- '...Everyone has the right to know that God loves

Forward Dates				
Sun	23 <sup>rd</sup> Feb	All		Launch of 'The Big Picture'
Wed	26 <sup>th</sup> Feb	All		Ash Wednesday: Lent begins
Sat	21 <sup>st</sup> March	Hyning		ACT Ecumenical Study Day
Wed	25 <sup>th</sup> Mar			Feast of Annunciation:
Thurs	26 <sup>th</sup> Mar	Grange	10.30am	Dowry Preparation Liturgy
Fri	27 <sup>th</sup> Mar	Miln'rpe	7.00pm	Dowry Preparation Liturgy
Sat	28 <sup>th</sup> Mar	Arnside	5.00pm	Dowry Preparation Liturgy
Sun	29 <sup>th</sup> Mar	All		Communal Dedication of England as Our Lady's Dowry
Sun	5 <sup>th</sup> April	All		<b>Palm Sunday:</b> Holy Week begins
Fri	10 <sup>th</sup> April	Arnside	10.00am	ACT Walk of Witness
Sun	12 <sup>th</sup> April	All		<b>Easter Sunday</b>
Fri	17 <sup>th</sup> April	Arnside	6.30pm	ACT Charity Fashion Show
Sun	14 <sup>th</sup> June	Grange	9.00am	First Communions
Sun	14 <sup>th</sup> June	Miln'rpe	10.30am	First Communions
Sun	28 <sup>th</sup> June	Arnside	11.00am	Praise on the Prom
TBD	October	Arnside	TBD	Harvest Supper

**Happy Voices Singing Group**

Singing as usual on the 24th February, 1.30pm  
Any queries please ring Lynne on 01524 781564

**First Holy Communion**

Please pray for Hannah, Dominik and Josie who are shortly starting the First Holy Communion Programme at Christ the King. If there are other children wanting to join us please contact Fr. Philip

**WORLD DAY OF PRAYER** has been prepared this year by the Women of Zimbabwe. The service will take place on FRIDAY 6th MARCH, 2pm at the Methodist Church, Arnside with tea and cakes afterwards. All Welcome, please support this ecumenical event.

**Thank you to the parishioner of Our Lady Of Lourdes** From the Lancaster Homeless Charity For The £165 from your Christmas collection

**HMP Haverigg.**

Haverigg's Independent Monitoring Board is seeking new members to help make sure that prisoners are treated with fairness and respect.

You just need to be open-minded, independent and able to commit 3~4 days a month. The role is unpaid.

For more info see [www.imb.org.uk](http://www.imb.org.uk)

Or contact Haverigg's Chair at [chair.haverigg@imbhaverigg.cjsm.net](mailto:chair.haverigg@imbhaverigg.cjsm.net)

**Catholic Miracle Rally (North) 2020**

*Celebrate that Jesus is alive and that the miracle healing, loving power of his Spirit is moving in His Church today!*

*With Michelle Moran, Fr Gabriel Joseph CFR, Damian Stayne*  
Saturday 14th - Sunday 15th March 2020 at All Hallows Catholic High School, Preston, PR1 0LN

For booking and more information:

Web: [www.coretlumenchristi.org](http://www.coretlumenchristi.org)

Email: [stcuthberts@coretlumenchristi.org](mailto:stcuthberts@coretlumenchristi.org)

Tel: 016973 45623 or 07588 159341

**Newsletter items:** email to [ctkollcc@gmail.com](mailto:ctkollcc@gmail.com)

**Church Hall Milnthorpe,** to book contact Christine Atkinson on 015395 62326 n(LRCDTR Charity no.234331)